

Getting to Know You

Vesta Whitmore

Vesta is the eldest person in our congregation to take part in Sabbath afternoon outreaches. She married Vincent in 1966. Her husband, Vincent, retired in 1972. He was in the hospital in 1972 when Reagan was in and he was a postal worker. They lived in Damascus, Pennsylvania for a while. They moved to Tampa, Florida and were snow birds for the next several years. Then they moved back to Damascus, and she remembers a major blizzard that they went through and survived.

They went to a number of churches, one being the Methodist and another Baptist. Eventually they moved back to Florida to a mobile home park. While there they met an Adventist neighbor man who loved shuffleboard – they lived right next door to the shuffleboard court. . At that time they were going to a little Christian Church in East Tampa. Their neighbor, Mr. Schneider, invited them to some meetings at his church. They said “no” on Monday night and “no” again on Tuesday night but when he invited them again on Wednesday night, they went. Art Swenson was the speaker and he spoke on the health message. They listened to him as he taught right out of the book of Deuteronomy. He told them no more pork and no more coffee and although Vince did not drink coffee, Vesta did all day long. Their thinking was “if he knows what he is talking about, maybe we ought to go back and see what else he teaches.” They never missed another meeting and in April of 1975 they were both baptized at a beautiful service. Vesta was re-baptized but this was a first

for Vincent. Vince became a very strong Adventist but Vesta wondered what they had gotten themselves into. She took the lesson courses from Amazing Facts and Voice of Prophecy and was convinced they were in the right place. This was the first time she realized that God really loved her personally. The only time they missed church was when Vince was in the hospital. They were so happy to hear the truth on the state of the dead because Vince had had a little girl who died of crib death.

In 1980 they sold the mobile home and went back to Pennsylvania. They were only home a couple of months and Vince had a major heart attack requiring a triple bypass. When he recovered, they were told they had to get out of the cold weather so went back to Jersey Park in Tampa and bought another mobile home. They moved close to the Adventist Church and could walk to it, only 1/2 mile away. When Vince’s health started to deteriorate again, they moved to Roselake Estates, and bought a mobile home and loved it there. It was a very active park. They were the only Adventists. Vesta worked in community services where she processed clothes. She would help put fillers in lap robes and tied them. She did this for 27 years. This was at Tampa First SDA Church.

Vincent’s son had been after them to move to Raleigh, North Carolina to be closer to him. Vesta’s sons, Bob and Berwyn, came down and loaded them up and they moved to Raleigh in 2010. Vincent’s health continued to decline and he needed hospice care at home around the clock. Shortly, he passed and he was buried in Damascus.

Vesta stayed in Raleigh a few months. She wondered what she should do since

her apartment was expensive. Her long-term friend in Florida talked her into moving back to Tampa into an SDA owned complex right next door to Tampa First SDA Church. She lived there until 2013 but had to move in with her son and daughter-in-law in North Carolina due to macular degeneration and having to give up her driver’s license in Florida, First they lived in Inman but Berwyn built a log home in Campobello where she lives to this day.

She started attending the Spartanburg SDA Church, but after visiting the Tryon SDA Church, was so happy with the warmth she found here. She remembers the loving acceptance she found in Dee Vaughn, Grace Kellogg, Lorna and Wanangwa Dever, and Dorothy Hornbeck among others.

Vesta’s day is made up of receiving Meals on Wheels and visiting with those workers. She watches 3ABN as well as other Adventist channels. She primarily

watches Amazing Facts and Amazing Discoveries. Roberta Amoroso picks her up for church as well as Bob and Myrna Esh and Bev Cook on occasions. Lorna, Wanangwa and Ronnie make sure she gets home after a good vegetarian meal either at church or in their home. She cherishes the opportunity for vegetarian food at least the one day a week.

Being mostly blind and somewhat hard of hearing it makes it hard to initiate a conversation, but she loves to have people stop at church and shake her hand, give her a hug, or chat with her – all of which will bring a smile to her face! She loves phone calls, 864-472-5308, and visits during the day because she is home alone most week days for 10 to 12 hours. Her house is just a mile off of I-26 Campobello exit – 8225 Highway 11.

Her favorite Bible verse is John 3:16. She looks forward to seeing Vincent again whom she was married to for 44 years.



Thermal Belt Outreach

Barb Powell

It's that time of year again! Tryon Running Club is sponsoring the Half Marathon to benefit Thermal Belt Outreach Ministry on November 17. In appreciation, Outreach will be providing Brunch for the runners and their family members, which come from all areas of our country.

We are reaching out to the community for donations of brunch items. This brunch is not possible without the help of our community. We are in need of the following items:

- 60 Meat and Vegetarian Breakfast Casseroles
- Hot Oatmeal/Grits
- Yogurts
- Muffins/Pastries
- Orange Juice

I encourage everyone to reach out to five members of your church, neighborhood, or business to help us meet our goal.

Please bring casseroles in disposable pans and label it *Meat* or *Vegetarian*. If disposable pans are not being used, please label top and bottom of dish with your names so it can be returned.

Please have the donated items at the Log Cabin in Harmon Field, between 8 - 9 a.m. on Saturday, November 17.

If you are donating items that are NOT HOT, you can bring them to Outreach no later than 11 a.m., Friday, November 16.

This event is helping feed Polk County residents that can't meet their basic everyday needs.

If you can help, please respond to me so I can keep a count!

We would like to thank you for all your support and encourage you to share this!

Thermal Belt Outreach Ministries is located at 134 White Drive, which is just off of Houston Road behind Columbus First Baptist Church.

Their mailing address if you wish to mail them anything is P.O. Box 834, Columbus, NC 28722. Please do NOT send mail to the street address. Thanks!

I'm reaching out to everyone for we are in need of reliable Intake Volunteers. The days and times are as follows:

Wednesdays, 8:45 a.m. - 12:15 p.m. or 12:15 p.m. - 3:45 p.m.

Thursdays - 8:45 a.m. - 12:15 p.m.

An Intake Volunteer interviews clients and potential clients seeking assistance. They will have significant contact with the public, clients, and staff. Duties may also include general office support such as filing, answering the phone, and making copies. This is a regular once a week position.

If you would announce this to your congregation and talk to friends and neighbors, I would greatly appreciate it. We rely heavily on Volunteers to function every day here.

Community Hour of Prayer

David Riddle

An Invitation to an Hour of Prayer

The theme for the 2018 National Day of Prayer was "Unity," a hopeful aim in our divided and troubled world. In so many ways unity seems impossible, but we serve a God who specializes in the impossible.

In John 17 Jesus prays that future believers, meaning we who are His Church, "may be brought to complete unity to let the world know that You sent Me and have loved them even as You have loved Me."

With that in mind, we are inviting Jesus-followers in Polk County to join together in praying for our community.

What are we praying for? For God's blessings, for His protection, His provision, His wisdom and guidance, for families, for our leaders, for our churches, for the lost, the hurting, the poor, the outcast, for those who serve among us – law enforcement and emergency workers, firefighters,

healthcare workers, educators – the list goes on. We're praying for God to move among us in such ways that His presence is undeniable. We're praying for His will to be done and for His kingdom to be revealed in our midst.

This is a non-denominational endeavor. We are believing that denominational and doctrinal differences need not keep God's people apart when it comes to praying. We all serve the same Lord, and Jesus is head of all our churches. On that basis we can join our hearts in prayer.

We meet at 6:00 p.m. the first Tuesday of each month at the Polk County Senior Center, 75 Carmel Lane, Columbus, NC 28722, which is off Skyuka Road in Columbus.

Please consider joining with us. For more information, contact:

Lorna Dever, pray4polknc@gmail.com

David & Peggy Riddle,

david.riddle50@gmail.com

A Bag of Tools

R. L Sharpe

Isn't it strange
That princes and kings,
And clowns that caper
In sawdust rings,
And common people
Like you and me
Are builders for eternity?

Each is given a bag of tools,
A shapeless mass,
A book of rules;
And each must make—
Ere life is flown—
A stumbling block
Or a steppingstone.

Hymnfest

Sarah Rowe

Would you like to sing in a mass choir, learn new hymns, and learn the fascinating information there is in the Seventh-Day Adventist hymnal? This is possible on Sabbath afternoon, November 17 at 4 p.m. at the Fletcher Seventh-Day Adventist Church. We want YOU to participate.

We will have two mass choir rehearsals on November 9 and 16 at 6 p.m. at the Fletcher Church for the mass choir to learn the hymns so we can present to the congregation. This is also an opportunity for ALL the churches in the area to be connected to each other.

Please contact Elaine Myers for more information at 757.332.0907.

My Evening Prayer

Charles H. Gabriel

If I have wounded any soul to-day,
If I have caused one foot to go astray,
If I have walked in my own wilful way—
Good Lord, forgive!

If I have uttered idle words or vain,
If I have turned aside from want or pain,
Lest I myself should suffer through the strain—
Good Lord, forgive!

If I have craved for joys that are not mine,
If I have let my wayward heart repine,
Dwelling on things of earth, not things divine—
Good Lord, forgive!

Navajo Mission Trip

Desirée Magnant

Navajo Nativity Mission Trip
December 19-25

A group from the church will be headed to the Navajo Nation to help clean up a church/school campus in Chinle, Arizona; offer a Winter VBS, and host the Voice of Prophecy's – The Appearing evangelism series.

If you would like more information you can talk with Keith Magnant, 904-707-6792.

There are opportunities to support the mission trip even if you can't make it!

Yard Sale

Karen Sparks

November 9, 11, 12, and 13
Helpers greatly needed for the set-up on November 3 - 8.

We only have one week to set up.

Please come and help! – 8:00 a.m. to 6:00 p.m.

Still accepting donations too!!

Also looking for volunteers to take over the yard sale management. I am already committed to the Thrift Store .

Thank you so much. Karen Sparks



Gospel Music Vocalist

Judith Thomas

Corey Leineweber, gospel music vocalist, will be in concert at the Hendersonville SDA Church on Sabbath, November 3, at 6 p.m. for vespers. Come close the Sabbath with us and be blessed by his inspirational music. Corey's smooth voice and distinctive guitar playing brings fullness to the old gospel tunes! A love offering will be collected and CD's will be available afterwards.

For more information about Corey's music go to www.coreysgospelmusic.com

Hendersonville SDA Church, 828-692-2255, 2301 Asheville Highway, Hendersonville, NC 28791

Thrift Store

Karen Sparks

Volunteers are still needed at the Thrift Store.

Sunday a.m. clothing processors

Tuesday a.m. clothing processors

Thursday a.m. clothing processors

Friday a.m. clothing processors

There are lots of benefits of volunteering:

The blessings that you receive from the customers and the blessings that you give.

It may be the only smile the customer has that day.

You may be the only one who will stop and pray with the customer.

Or listen to their story or cry with them.

When I am at the Thrift Store I cannot imagine being anywhere else helping folks. It is a joy. The volunteers are keeping the Thrift Store open. That is why we need YOU. Thank you

Thrift Store will be closed on November 22 and 23 for Thanksgiving.



Vegetarian Meats

Jackie Neff

The Upward Way Thrift Store is now carrying a variety of Loma Linda and Worthington shelf and frozen products.

Store Hours are Sunday: 1 - 4 p.m., as well as Tuesday and Wednesday 4 - 6 p.m. 961 Upward Road, Flat Rock, NC 28732. 828-697-9876.

Come by and visit us!

Diluting the Gospel - Part 2

Continued from Page 5

Earth, Air, Fire and Water. In the book "Timaeus" (Dialogue) we read: "The god fashioned these four kinds to be as perfect and excellent as possible". Like the cosmos, this "goodness" was expressed with mathematical and geometrical terms. To the cube was assigned the basic structure of the element earth, the tetrahedron to be the structure of the element of fire, the octahedron was the form of the air, and the icosahedron was the form of the water. This is actually the first known attempt of the humans to create a Periodic Table of the main elements.

"Let no one ignorant of geometry enter". Here I would like to pose before we go any farther with pursuing our thesis, and give appreciations to these scholars for their contribution in the advancement of math, geometry, art, government, and many others. These are good things. Our forefathers established our system of government heavily based on the ideas developed in the School of Athens. Our engineers in civil and mechanical fields are using the principles of math and geometry developed by them on a daily basis. These things are so useful in our life. Just few examples: without knowledge in geometry we will not be able to design and build the vehicles to drive the kids to school; the engineering trusses, supporting the roof of the Church will not exist to protect us from the elements during worship; and we will not be able to broadcast

the sermons that the pastor delivers the Sabbath morning. But in the same time, we have to understand that the Greek philosophers, while marveled in front of the perfect laws of the math and geometry, they tried to explain God and the universe in their own "human" way. Without the true Divine revelation, their understanding about the origin of our existence and the nature of God looks childish and totally deviate from the God of the Bible. In other words, if I have to calculate the strength of an engineering truss, I will reach out for the ancient Greek geometrical formulas for help without any doubt. I trust them. But for the spiritual things, I have a better reference – the Bible, the words of Jesus Christ.

In the next edition we will continue with Aristotle, one of the most influential ancient Greek philosophers, and learn about his ideas; quite different than Plato's, but nevertheless, wide accepted and rooted in our daily life. We will also use the reference of the Bible and the Spirit of Prophecy in order to not get lost in the "ocean of ideas" and get safely back home.

To be continued.



Diluting the Gospel - Part 2

Continued from October

Presented from the Religious Liberty Department

In 387 BC Plato found his famous "Academy", one of the earliest organized schools in the history of mankind. The school was outside the walls of Athens, besides the sacred grove of olive trees dedicated to the goddess Athena, known as the goddess of wisdom. His "Athens Academy" existed throughout the Hellenistic period until 83 BC. It is believed that above its entry door was inscribed: "Let no one ignorant of geometry enter". No wonder why. During that time significant discoveries are made in the area of math and geometry. Discoveries in math - the number series corresponding to the harmonics and harmonic intervals related to the harmony in the musical notes; in geometry - the circle and triangle formulas. From them they derive and develop the perfect figures – the tetrahedron, the cube, and octahedron. This group of thinkers marvels on the perfection of the laws of the math and geometry. They assign to them extraordinary power. On one side math and geometry exist only in our mind, in its perfect form, and on the other side, their principles can be applied on physical objects, in our daily life, to obtain useful things. For them, the mathematical and geometrical phenomena are kind of living things on their own. Through them they try to explain the order of the cosmos

and the basic kinds of stuff. Their understanding for the cosmos is that the earth is at the center of the universe and the sun, the moon, the stars, and the planets revolve around it in perfect circles. Circles composed from series of numbers, numbers corresponding to the harmonic intervals. Like giant keyboard of a giant grand piano stretched in the sky. While the celestial bodies travel on these paths, they are somehow dancing in glory on the heavenly music. Because of the wrong assumption that the earth is the center of the cosmos, the things did not fit quite well. For example, it was easier to picture the sun and the moon revolving around the Earth. The stars, because of their distance, look stable and are more forgiving for this concept as well. The planets presented some trouble; it was difficult to place them in a perfect path. This is because, in reality, they revolve around the sun, not the earth and their trajectories are elliptical, not circular. The paths of the planets for an observer, placed on earth, are quite strange; it seems they are going everywhere. That's why the name "planet" in Greek comes from the word "planetary" – "wondering stars". Later in the 15th century, to fix this issue Nicolaus Copernicus propose different model for the cosmos, a model where the sun is the center of the universe. This proposition was quite a crime for that time period. We will study this more later to see how he slipped out of the Inquisition.

The four basic kinds of stuff known to the ancient Greeks are: the

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Adventurers

Sara Wolff

This year our theme is *Make a joyful noise!* We are learning how to praise God in many different ways.

We already had three guests come and share an instrument with the club. Stephanie brought the mandolin, Jonathan Wolff played the trumpet and Aubrey played the banjo. Adventurers had many questions and loved to learn about the instruments.

We are busy working on our awards and already completed Florida award Five Senses, Flowers, Environmentalist and Parables of Jesus. If you play an instrument and would like to come play a song please let Sara Wolff know.

Adventurers and Pathfinders will be collecting non-perishable food in November, wrapping it up on Sabbath, November 17. Half of what they collect will go to *Share Thy Bread* and half goes to Thermal Belt Outreach Food Pantry. If you would like to donate food, please contact one of the leaders: Robert Carney, Jeremy & Debbie Ford, John Goodman, Nathan Green, Keith & Desirée Magnant, Steven & Misty Milks, Sarah Rowe, Stephanie Sossong, Paul & Chrisy Witt, Michael & Sara Wolff.



Building Committee News

Ted Coles

We ARE still working on the building. We have finally gotten one quote that is within price range to do the job.

We have two more quotes coming in the next week or two (hopefully), so we can see what we are really looking at.

Up until this point we had not gotten any valid quotes to get the job done that were within reasonable cost.

We really want to move forward, as do you and get this building up.

It has been frustrating to say the least and I know a lot of you are wondering, "What are they doing? Is this really going to happen? When will it START!"

We wanted and thought we would have the building up by now. The quotes we did get were way too high and the few people we had to work with that felt like the project could be done for the cost originally estimated, well they just didn't get us quotes, or they dropped off the face of the earth.

I had one person who was on board and everything looked good. He had the foundation and we had the rest to get the building up, and then he disappeared – Won't answer e-mails or phone calls. It has been really frustrating.

So we believe in the next couple weeks we will finally have a General Contractor and get moving forward on the building.

I would ask one thing going forward, and that is to please look at your heart and see where you can help with the Thrift Store and Yard Sale. Once this building finally gets done and we move in, we'll need lots of people to help with the growth that will surely come.

Attention Parents

Bev Cook

Attention Parents with Young Children: It would be well to read the article entitled "Perspective" in the October *Adventist Journey* section of *Adventist World Magazine*, page 9. It is food for thought for parents guiding their children in Godly direction.

If you need a copy, ask Bev Cook.



Worthy Student Fund

Desirée Magnant

Giving the gift of a Christian Education cannot be underestimated. The church supports children on the elementary, secondary, and college level programs and can use your support in keeping the fund seeded.

The Bible says, "Train a child up in the way he should go, and when he is old he will not depart from it." This is as true for people raising their own children, as those supporting the very important cause of Christian education. If you are interested, mark your offering envelopes "Worthy Student."

We appreciate your investment in the future of a child.

Share Thy Bread

Wanangwa Hartwell

Happy November! I hope you are all enjoying the cooler weather. It certainly makes for easier deliveries and it keeps the produce in better shape too! Thanks to everyone who has been helping with *Share Thy Bread*, especially the dedicated team who hustles to unpack the big MANNA delivery (you know who you are!) – it has been a tremendous help.

If you're looking for an opportunity to volunteer, please look no further than this ministry. Here are some possibilities:

- * Deliver food to homes and other locations in Polk County
- * Box up food to be delivered
- * Sort through produce to keep it fresh
- * Unload and shelve items when deliveries come in

Have questions? See Wanangwa or Desirée. . . and thank you for prayerfully considering this work. God bless!

Church Happenings

The leaders of our church are planning on meeting together for planning and organizing activities for the next six months. The plans will then come back to the church for prayer. As we pray about these items, it will help us be familiar with various activities and other issues currently going on at our Church. We hope it will prove to be a better way of doing ministry. The first meeting will take place on a Saturday/Sunday, December 1 and 2. If you have any ideas for ministry or how to help the Church in any way, please let any leader know and he/she will bring it to this leadership meeting.



Carlo Lamberti Sonata Violin
 Meinel Pernambuco Bow
 Case includes Bernardel Rosin –
 Amber, polishing cloths,
 Chin rest, two shoulder rests
 Lesson books!
 \$600

Manufacturer: Shar Violin Shop in Michigan



SR-4 Muco Shoulder Rest
 Carlo Robell Shoulder Rest

Lesson Books:

1. Christmas Favorites for Violin by Hal Leonard
2. Quick Steps to Note Reading Volume 1 by J. Frederick Muller, Harold W. Rusch, Lorraine Fink
3. Quick Steps to Note Reading Volume 2 by J. Frederick Muller, Harold W. Rusch, Lorraine Fink
4. Suzuki Violin School Volume 1 with CD
5. Suzuki Violin School Volume 2 with CD
6. Violin Building Technic with Beautiful Music Volume 1 by Samuel Applebaum

Started to learn to play and was unable.
 In Excellent Condition!
 Please contact Dana Bradford, 704-562-0834
 or
 danambradford@hotmail.com.

New Year's Resolutions

Continued from Page 1

else will fall into place. Willett Crocket. Proverbs 3:6.

38. Don't Worry about Your Children – When I approach a child he inspires in me two sentiments – Tenderness for what he is, and respect for what he may become. Louis Pasteur. Matthew 6:27.

39. Avoid Excessing Reasoning – Time makes more converts than reason. Thomas Payne. Proverbs 3:5.

40. Have Simple Friends – Some people come into our lives and quickly go. Some stay for awhile and leave footprints on our hearts and we are never ever the same. Anonymous. Proverbs 22:24.

41. Find the Most Efficient Way to Do Things – The men who succeed are the efficient few. They are the few who have the ambition and will power to develop themselves. Robert Burton. Colossians 4:5.

42. Be Thankful – No duty is more urgent than that of returned thanks. Anonymous. Psalm 7:17.

43. Count the Cost Before You Commit – He who is most slow in making a promise is the most faithful in performance of it. Jean-Jacques Rousseau. James 5:12.

44. Pray about Everything – Pray and let God worry. Martin Luther. Ephesians 6:18.

45. Don't Fret over Evildoers – I believe God is managing affairs and that He doesn't need any advice from me. With God in charge I believe everything will work out best in the end. So what is there to worry about. Henry Ford. Psalm 37:1.

46. Trust God to Change You – You can't change circumstances and you can't change other people, but God can change you. Evelyn A. Thiessen. 1 Corinthians 15:10.

47. Trust God to Change Other People – Trust the past to God's mercy, the present to God's love, and the future to God's providence. St. Augustine. Psalm 34:8.

48. Have a Broad Circle of Inclusion – The only gift is a portion of thyself. Ralph Waldo Emerson. 1 Peter 4:8.

49. Give It to God – All that I have seen trust God for all I have not seen. Anonymous. 1 Peter 5:7

50. Take Control of Your Thoughts – Drag your thoughts away from your troubles – by the ears, by the heels, or any other way you can manage it. Mark Twain. Zephaniah 2:1.



Home & School

Sara Wolff

Our school would like to thank everyone that came to the Fall Festival. Thank you for supporting your school. We would also like to thank everyone that helped make it a success!



Cooking Classes for You

Coming January 13, 20 and 27 – Sundays – Clean Eating Cooking Classes for both Church Members and Community. Mark your calendars for these free classes from 2 - 4 p.m. *Bring a friend!*



Chimes & Bells

Wanangwa Hartwell

Greetings! I hope you were able to enjoy the bells at church in October. Please plan to join us for Pathfinder Sabbath on November 10 and for the worship service on December 8 to hear them again.

This year, we are privileged to borrow a set of choirchimes from the Blue Ridge Ringers, a community handbell group based in Hendersonville. If we can raise enough money this year, we hope to purchase choirchimes for our school. The total cost for this will be \$2,021, which includes the shipping cost. To give, please mark your donation "Bell Fund."

Please see Wanangwa with questions and thank you for your support!

New Years Party

Desirée Magnant

New Years Party
Talent Show Review
Sunday, December 30 at 5 p.m.

Join us on Sunday, December 30, as we count down to the New Year in style.

The party will begin at 5 p.m. with dinner, followed by talent show performances from church members. We will count down to the "New Year" and will wrap up with a Martinelli's toast!

Please start thinking of your routines and we will have a sign up sheet posted on the communication board in the church lobby!

Fall Harvest Party

Desirée Magnant

Location:
Rowe's House
2346 Manus Chapel Road
Mill Spring, NC
Date:
November 11, 4 - 7 p.m.

Come and join us for a wonderful afternoon of Fall fun: Hayride, adult and kid games & activities, pumpkin carving, carmel apples to make, and a delicious meal. Mark your calendars and look for more details in the church bulletin.

RSVP to Desiree at 386-481-8215 or via email at desiree5472@hotmail.com.

FOR SALE
1990 GMC 1500 Truck

GMC 1500 Truck
Fourth generation 1988-1998
\$40,000 or Best Offer

Vehicle Highlights:

- 300 Crawl Engine, less than 3k miles
- 3 speed transmission - Manual shift
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- Upgraded stereo - CD/USB Aux/ET
- Deville Digital Gauges
- 17" American Racing Wheels
- Custom Blue Paint
- Upgraded grille and lights
- LED Turn Signals
- Custom front bumper
- Haldex Hitch
- Sport Mirrors
- Black hard hat
- Silver American Accents

Contact: Dana Bradford
704-562-0834

Christmas Yard Sale
November 9
8:30 a.m. - 3:30 p.m.

Advertising

news@tryonsdachurch.org

FOR SALE: Raw Honey. 24# = \$65.00; 12# = \$40.00; 3# = \$12.00. Contact Benjamin Owens at: 828-287-5866.

FOR SALE: Free range chicken eggs. \$3/ dozen. Call Lorna, 828-817-1544.

SEWING & ALTERATIONS. Deb Grant 828-817-7015.

FIREWOOD: Split, hardwood firewood, delivered within 25 miles. Call John Cantrell, 828-817-7345 or 828-817-4178 for delivery details and pricing,

KNITTED HATS: Hand-knitted hats, various sizes. Some sets. Knitted by Virginia Alexander. Proceeds for Community Services. \$5 each or \$8 for two. These beautiful hats make wonderful gifts. Contact Lorna, 828-817-1544, to see them.

RECUPERATIVE MASSAGE by Rosanne Richards On-site Chair Massage or Therapeutic Massage at her home. Her NC license is # 16659 and SC # 10851 (AMTA Member). Call or text Rosanne at 864-357-4875 for your appointment or Email: Recuperative.Massage@outlook.com

Harvest Party
November 11

4 to 6 p.m.

Jonathan Rowe's Places

November



- 1 Braylon Hornbeck
- 2 Laura Flournoy
- 3 Eli Gordon
- 4 Jared Shepard
Ronda Dever
- 6 Curt Watkins
- 9 Ruth Brown
- 12 Howard Brittain
- 14 Roberta Amoroso
- 15 Ryan Hornbeck
Daniel Sossong
- 16 Linda Herman
- 18 Art Paradis
- 20 Pam Green
David Horner
- 21 Varonica Phillips
- 25 Stevie Milks
- 30 Lee Furman
Maxine Malmstrom
Dale Van Hook



Christmas Yard Sale
November 13
8:30 a.m. - 1:00 p.m.
Box Sale

Tryon
Seventh-day Adventist Church

JOURNAL

November, 2018

New Year's Resolutions, Part 2

Lorna Rae Dever

It may seem a little early to think about New Year's Resolutions, but I just read an incredible book, *100 Ways to Simplify Your Life*, by Joyce Meyer and wanted to share the highlights with each of you.

26. Be Merciful – The unthankful heart discovers no mercies, but the thankful heart will find in every hour some heavenly blessings. Harriet Beecher Stowe. Proverbs 11:17.

27. Don't Be Judgmental – If you judge people you have no time to love them. Mother Teresa. James 4:11.

28. Be Decisive – The most decisive actions of our life, I mean those that are most likely to decide the whole course of our future, are more often than not unconsidered. André Zid. Romans 12:1.

29. Think Before You Speak – Before you speak ask yourself if what you are going to say is true, is kind, is necessary, is helpful. If the answer is NO, maybe what you are about to say should be left unsaid. Bernard Meltzer. Proverbs 13:3.

30. Be a God Pleaser – The safest place to be is in the will of God. Anonymous. Galatians 1:10.

31. Don't Receive Condemnation – Compassion will cure more sins than condemnation. Henry Ward Beecher. Romans 8:1.

32. Refuse to Live in Fear – Courage is resistance to fear, mastery of fear; not absence of fear. Mark Twain. Psalm 27:1.

33. Follow Your Heart – Profound joy of the heart is like a magnet that indicates the path of life. One has to follow it even though one enters into a way full of difficulties. Mother Teresa. Ephesians 3:12.

34. Don't Be Afraid of What People Think – A man's reputation is what other people think of him. His character is what he really is. John Milton. Mark 4:19.

35. Keep the Strife out of Your Life – Heat and animosity, contest and conflict, may sharpen the wits, although they rarely do. They never strengthen the understanding, clear the perspicacity, guide the judgment, or improve the heart. Walter Savage Landor. Proverbs 20:3.

36. Be Positive – A pessimist sees the difficulty in every opportunity. An optimist sees the opportunity in every difficulty. Sir Winston Churchill. Ephesians 4:23.

37. Stop Doing Things You Don't Do Well – Do what you are good at and everything

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 10am - Thrift Store	29 9am - Thrift Store	30 8am - Picture Day - 9am - Thrift Store 2pm - Office Hours -- 7pm - Revelation 9pm - Bulletin deadline	31 Halloween 8am - Church Office -- 8:30am - Circle of 9am - Thrift Store 1pm - Church Office -- 5:30pm - Pathfinders -	1 9am - Thrift Store 1pm - Church Office -- 7pm - Revelation	2 9am - Thrift Store 6:32pm - Sunset	3 No Fellowship Meal Local Church Budget - 9:30am - Sabbath 10:45am - Worship 6:31pm - Sunset 7pm - Yard Sale Set Up
4	5	6	7	8	9	10
Yard Sale - Morgan Center Closed						
Daylight Saving Time 9am - Yard Sale Set Up 10am - Thrift Store	8am - Fall Week of 9am - Thrift Store 9am - Yard Sale Set Up 6:30pm - SCHOOL	8am - Fall Week of 9am - Thrift Store 9am - Yard Sale Set Up 2pm - Office Hours -- 6pm - Hour of Prayer - 7pm - Revelation 9pm - Bulletin deadline	8am - Church Office -- 8am - Fall Week of 8:30am - Circle of 9am - Half Price Sale - 9am - Yard Sale Set Up 1pm - Church Office -- 6:30pm - Study of the	8am - Fall Week of 9am - Thrift Store 9am - Yard Sale Set Up 1pm - Church Office -- 7pm - Revelation	8am - Fall Week of 8:30am - Yard Sale 9am - Half Price Sale - 5:26pm - Sunset 6pm - Small Group	Annual Sacrifice - Pathfinder Sabbath SCHOOL BELL CHOIR @ 9:30am - Sabbath 10:45am - Worship 12:30pm - NO 1:30pm - Bag Drop-off -
11	12	13	14	15	16	17
Yard Sale - Morgan Center Closed						
CO-OP ORDER DATE Veterans Day 8:30am - Yard Sale 10am - Thrift Store 4pm - Harvest Party	Veterans Day observed 8am - Spirit Week - 8:30am - Yard Sale 9am - Thrift Store 6pm - Finance 7pm - Church Board	8:30am - Yard Sale 9am - Thrift Store 2pm - Office Hours -- 9pm - Bulletin deadline	8am - Church Office -- 8:30am - Circle of 9am - Thrift Store 1pm - Church Office -- 5:30pm - Meeting - 6pm - Adventurers -	9am - Thrift Store 1pm - Church Office --	9am - Thrift Store 5:21pm - Sunset	Local Church Budget - NO FELLOWSHIP 9:30am - Sabbath 10:45am - Worship 1:30pm - Bag Pick-up - 2:30pm - Adventurers - 5:21pm - Sunset
18	19	20	21	22	23	24
Morgan Center 8am - COPE - Morgan 10am - Thrift Store 2pm - Cost of Poverty	8am - Spirit Week - 9am - Thrift Store	9am - Thrift Store 2pm - Office Hours -- 9pm - Bulletin deadline	8am - Church Office -- 8:30am - Circle of 9am - Thrift Store 1pm - Church Office -- 6:30pm - Study of the	CLOSED - Thrift Store Thanksgiving Day 1pm - Church Office --	Black Friday 9am - CLOSED - Thrift 5:18pm - Sunset 6pm - Small Group	Carolina Youth - 9:30am - Sabbath 10:45am - Worship 12:30pm - FELLOWSHIP 5:18pm - Sunset
25	26	27	28	29	30	1
10am - Thrift Store	9am - Thrift Store	9am - Thrift Store 2pm - Office Hours -- 9pm - Bulletin deadline	8am - Church Office -- 8:30am - Circle of 9am - Thrift Store 1pm - Church Office -- 6pm - Adventurers - 6pm - Adventurers -	9am - Thrift Store 1pm - Church Office --	9am - Thrift Store 5:16pm - Sunset	No Fellowship Meal Local Church Budget - 9:30am - Sabbath 10:45am - Worship 5:16pm - Sunset 6pm - Adventurers

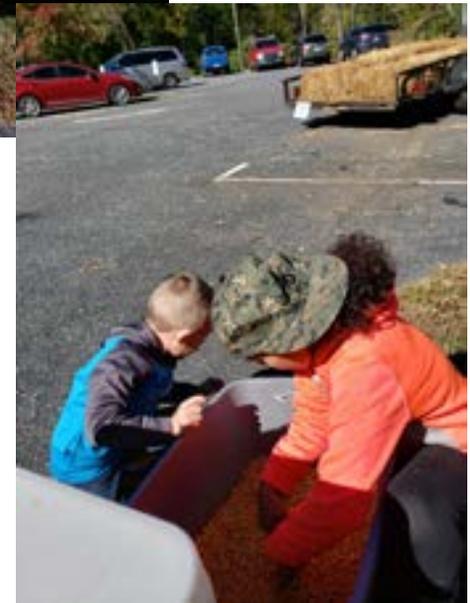
Alligator River NWP

Ronnie Hartwell

Did you know there is a place in North Carolina where you can see bears, alligators and wolves?

Alligator River National Wildlife Refuge is one of 556 national wildlife refuges in the United States. The refuge is located near Manteo, North Carolina and is fairly close to the coast.

In addition to the aforementioned animals one can also see over 145 species of birds, 48 species of fish, 48 species of reptiles and amphibians and 40 species of mammals. This is definitely a refuge you will not want to miss!



Christmas Yard Sale
November 12
8:30 a.m. - 3:30 p.m.
Half Price Sale