

## **Getting to Know You**

### **Marni Sanders**

Marni was born into a Christian home and has been a Christian all of her life. She has one brother, two half-sisters, and three step brothers. She attended Cashing Elementary School in Fort Lauderdale, Florida (grades 1 - 6), Walkertown Junior High in North Carolina (grades 7 - 8), and Carver High in Winston-Salem, North Carolina (grades 9 - 10). In 1983, at the age of 16 years old, in the spring of tenth grade, she was in a major car accident resulting in TBI (traumatic brain injury) leaving her in a coma for three months in Winston-Salem at Forsyth Medical Center. When released from the hospital, she went home. Her family moved to Sparta, North Carolina where she attended Alleghany High School and graduated. The school built an elevator for her and another student in wheelchairs.



Marni lived in Gallatin, Tennessee at a rehabilitation center for three years and was part of the Rebound Revivers where she sang and wrote music. Two of the songs she wrote are called "Second Chances" and "One of These Days."

Marni lived in a group home in Durham, North Carolina for four years and in West Jefferson, North Carolina for 16 years. She moved to Tim and Jamie Grindley's home in September, 2016. During these past two years, she has lost weight, gained strength in her legs, and most importantly grown spiritually in her belief and walk with Jesus.

One of her favorite Bible passages, which she has memorized is Psalm 23. Her hobbies are singing, writing music, and puzzle books like word searches.

We are so happy to have Marni as part of our church family!

## **New Year's Resolutions, Part 1**

### **Continued from Page 1**

13. Stop Procrastinating – Procrastination is opportunities' natural assassin. ~ Victor Kiam. Hebrews 4:7
14. Clear Out the Clutter – Eliminate physical clutter. More importantly, eliminate spiritual clutter. ~ D. H. Mont Fleur. 1 Corinthians 14:33.
15. Avoid Excess – Your body is the baggage you must carry through life. The more excess baggage, the shorter the trip. ~ Arnold H. Glasow. 1 Peter 5:8
16. Stay Out of Debt – Debt is the worst poverty. ~ Thomas Fuller. Proverbs 22:7.
17. Let the Main Thing Be the Main Thing – When you have nothing left but God, then for the first time you become aware that God is enough. ~ Maude Royden. 1 John 5:21.
18. Establish Boundaries – We love to overlook the boundaries which we do not wish to pass. ~ Samuel Johnson. Acts 17:26/
19. Know Yourself – Know yourself. Don't accept your dog's admiration as conclusive evidence that you are wonderful. ~ Ann Landers. John 13:3.
20. Only Believe – Faith is to believe what we do not see and the reward of this faith is to see what we believe. ~ Saint Augustine. John 11:40.
21. Regularly Reevaluate Commitments – If you don't like something, change it. If you can't change it, change the way you think about it. ~ Mary Englebright. Matthew 11:28.
22. Define Personal Priorities – Set priorities for your goals. A major part of successful living lies in the ability to put first things first. Indeed, the reason most major goals are not achieved is that we spend our time doing second things first. ~ Robert J. McCain. Proverbs 8:2, 3.
23. Choose Your Battles – In the long run we shape our lives and we shape ourselves. The process never ends until we die, and the choices we make are ultimately our own responsibility. ~ Eleanor Roosevelt. 1 Chronicles 20:17.
24. Be Quick to Forgive – Forgiveness doesn't make the other person right, it makes you free. ~ Stormie Omatian. Matthew 6:14.
25. Mind Your Own Business – I remember that a wise friend of mine did usually say, "That which is everybody's business is nobody's business. ~ Izaak Walton. Psalm 141:3.

## ***Diluting the Gospel - Part 2***

Continued from Page 5

and thus later he will be called “the First Philosopher”. Plato’s view for our existence was that the world we live in is not the real world. According to him, there is another existing world - perfect and parallel to ours. Our material world is just a shadow of this perfect immaterial world. As example, the main idea for the movie “The Matrix” is a pure Platonic idea that fed the minds of the Millennials. Plato thought that it is impossible for our world to know the perfect world, or may be just a little bit to know it. According to him, the human soul is a self-contained entity and it is borrowed temporarily for our bodies from the perfect world. He tries to illustrate this with “the allegory of the cave” where he pictures our materialistic world as people, living in a cave without contact with the outside perfect world. All they can see is the shadows of the objects on the walls from the outside light. Unless the person is dragged out or crawls out of the cave and gets in contact with the real world, he will never learn the real things. That’s why Plato focuses more to obtain knowledge by thinking rather than observation of our world. For him, the true knowledge comes when our soul receive revelation from the

perfect world. To better describe his theory, he creates his own vocabulary in his famous book “Timaeus” (Dialogue) where he calls the different things “forms”. His term for “forms” has many meanings. For instance, let’s look at the geometrical form circle – a curve where all points are at equal distance from a common center. In our imperfect world we cannot draw a perfect circle. Any circle we can draw, with the help of tools, when zoomed closely, will be seen with wiggles and imperfections. But then, according to Plato, the perfect formed circle exists in the perfect, unreachable to our world or maybe just a little bit reachable, but only with our thoughts, and by revelation. All that we see here, in our world, is the shadow of it. This corresponds also to the animal kingdom - the form of the perfect horse exists in the perfect world while we, in our material world, see just shadows of the perfect horse with all kinds of variations and imperfections. This will make us agree that Helen of Troy was beautiful but not really, really. She also possesses some imperfections. The perfect form of beauty exists only in the perfect world and she is just imperfect shadow of it. According to Plato, the figure responsible for fashioning and maintaining our physical universe is called Demiurge. Demiurge is not the ultimate Creator because he as well deviates from something else. It is good to mention here that the Gods of the Greeks do not possess personality, something that we see essential for the God of the Bible.

See Metodi Ikonov for the complete article

## ***Diluting the Gospel - Part 2***

Submitted by Metodi Ikonov\*

\* *Religious Liberty Department*

Diluting the Gospel with External Viewpoints

Part 2 – Plato and “The School of Athens”

Somebody will question, “Why we, as Christians, need to study the ancient Greek philosophy?” I will agree with that. We do not have to if we live in a perfect world or stay closed in “the cocoon” of the church. Unfortunately, we do not. We want to try to reach out to the community and spread the Gospel. The Christian theology today is mixed with so many outside human ideas that it is such an effort to reach the public and present it in a pure form. For every Biblical idea there are many out of the context beliefs that the common people do not know where they came from but yet they follow them. It is a real battle for every inch of Biblical ground. Many times, during conversations with other people, when we try to prove a Biblical point, it is not enough just to say, “This is not in my Bible”. It is important to explain the origins of this particular belief and how it entered into the Christianity. For the common person today to find the truth is not as we used to say “to find a needle in a bale of hay”. Instead, it is like to find the needle in many bales of hay. For example, it is amazing how the views of the philosophers from the Hellenistic period have influenced the societies

in the past and how they are still echoing in our modern times. The Hellenistic period covers the age of the Mediterranean history between the death of Alexander the Great in 323 BC and the emergence of the Roman Empire in 31 BC. The Hellenistic views for the world, the ethics, the state governments, and the origins of our existence ruled the universities in the East and the West all the way until the Renaissance, reaching directly to our days. For more than 2300 years they became the standard and the measure of judging every thought and philosophical idea that springs out of the secular world. You and I, to some extent, are influenced from them as well. Today, leading Christian denominations also are twisting the Bible to make it agree with the principals of these philosophies and the leading scientific dogmas of the day. I think that we cannot properly approach these matters unless we understand them and find their roots. Let’s start.

Plato lives between 428 and 347 BC in Athens, ancient Greece. He draws his knowledge from Socrates. Later in his life he enriches and further advances the teachings he inherited from his teacher. Socrates was a big speaker and he was able to steer a lot of discussion in the ancient Greece, but Plato is the one who systemize his teachings and present them in a rational form

Continued on Page 8

## **Fellowship Lunch Info**

Karen Sparks

Each team needs to designate a head person.

**A few days before Sabbath**, call and get volunteers to bring items for the salad bar.

**Day before Sabbath** set enough water pitchers in refrigerator for each table to chill.

Decorate tables with table cloth, salt and pepper, cups, decoration if desired, number stand.

Four tables should be set up for food with table cloths and hot pads. These tables will have labels at each end to designate what goes on that table.

Another table will have the silverware (or plastic ware) and napkins.

Another table will have the plates and numbering balls to call out.

Another table will have the bowls and tongs next to the salad bar for the salad. Also, a place is needed for the salad dressings. The grey rolling cart can be used.

Another small table is needed for the desserts and you can use the counter.

Next to the door place a tub for the dirty silverware if using and food scrapes. Be sure the garbage cans have liners.

### **Morning of Sabbath lunch**

1. Plug in heater and check water level
2. Plug in salad bar – be sure all containers and tongs are available

3. Set out plates and small bowls for the salad bar.

4. On the tables put bowls for popcorn and any soup.

5. Cut up desserts as they arrive and cover before you leave the room for Sabbath School.

6. Set out serving spoons and silverware or plastic ware.

7. Be sure the salad bar is completely set up.

### **After church**

1. Put out the water pitchers
2. Set out the warmed food.
3. Be sure each food has a serving spoon and is unwrapped,
4. Uncover the desserts.
5. After everyone is seated have prayer and call numbers for serving.
6. Unplug the heating unit.

### **Clean up after eating**

1. Pick up the silverware (if not using plastic) from the container and place in the dishwasher.
2. Unplug salad bar. Remove all the food from the salad bar. Place the food in storage containers or trash. The containers need to be washed by hand, but the tongs can go into the dishwasher.
3. Remove all the large spoons from the dishes on the tables if everyone is done eating and rinse and place in the dishwasher.
4. Gather all the hot pads and clean the tables.
5. Gather up everything from the tables: salt and pepper, cups if not used, water pitchers, decorations if used, trash and table cloths.

Continued on Page 9

## **Fellowship Lunch Info**

Continued from Page 4

6. Water pitchers need to be washed once a month.

7. Pick up all the desserts if left and discard or cover and give away.

8. Wash and dry any large dishes.

9. Turn on dishwasher.

10. Trash needs to be taken out.

11. Floors need to be swept.

12. Lights out.



## **Hymnfest**

Elaine Myers

Would you like to sing in a mass choir, learn new hymns, learn the fascinating information there is in the Seventh-day Adventist hymnal? This is possible on Sabbath afternoon,

November 17, 4 p.m., at the Fletcher Seventh-day Adventist Church.

We want YOU to Participate. We will have two rehearsals for the mass choir to learn the hymns so we can present them to the congregation. This is also an opportunity for ALL the churches in the area to be connected to each other.

Please contact Elaine Myers for more information at 757-332-0907.



Carlo Lamberti Sonata Violin  
 Meinel Pernambuco Bow  
 Case includes Bernardel Rosin –  
 Amber, polishing cloths,  
 Chin rest, two shoulder rests  
 Lesson books!  
 \$600

Manufacturer: Shar Violin Shop in Michigan



SR-4 Muco Shoulder Rest  
 Carlo Robell Shoulder Rest

**Lesson Books:**

1. Christmas Favorites for Violin by Hal Leonard
2. Quick Steps to Note Reading Volume 1 by J. Frederick Muller, Harold W. Rusch,  
Lorraine Fink
3. Quick Steps to Note Reading Volume 2 by J. Frederick Muller, Harold W. Rusch,  
Lorraine Fink
4. Suzuki Violin School Volume 1 with CD
5. Suzuki Violin School Volume 2 with CD
6. Violin Building Technic with Beautiful Music Volume 1 by Samuel Applebaum

Started to learn to play and was unable.  
 In Excellent Condition!  
 Please contact Dana Bradford, 704-562-0834  
 or  
 danambradford@hotmail.com.

**Clean Eating Cooking  
 Classes ~ Being Organized**

Although January seems so far away, time is passing quickly. The cooking class components are coming together in order to present an outstanding series the last three Sundays in January 2019 (1-13, 1-20, and 1-27) from 2 – 4 pm, all held in the Morgan Center. Consisting of updated PowerPoint lectures, tried and tested tasty recipe demonstrations and samples, and new DVD clips, we are excited about this community outreach. Now is the time to be dropping invites to your friends and loved one about attending. There is no charge but a love offering will be welcomed. From cooked entrées to freshly extracted juices to sides to desserts to non-dairy milks and cheeses – it will all be covered. We look forward to hosting a big crowd this coming January!

For ALL  
 Polk County Residents  
 Friday, October 19  
 Free  
 Fresh Produce Distribution  
 1 - 3 p.m.  
 Thermal Belt Outreach

**Fletcher Alumni**

Melanie Yoon

Calling all Fletcher Academy Alumni! Mark your calendars! FLETCHER ACADEMY HOMECOMING WEEKEND is from October 5 - 7, 2018 on the FA Campus.

We will celebrate landmarks for all classes ending in 3 or 8, most notably the special honor classes of: 1948, 1958, 1968, 1978, 1988, 1993, and 2008.

Local alumni are encouraged to bring food for Sabbath potluck. Details can be found at: [www.fletcheracademy.com](http://www.fletcheracademy.com).

If you would like to receive updates about Fletcher Academy throughout the year, please update your contact information with Art Gibbs at [agibbs@fletcheracademy.com](mailto:agibbs@fletcheracademy.com). 828-708-4885

**Cookies Needed**

**Thermal Belt Outreach**

Empty Bowls Event takes place on October 6. We are looking for our bakers to donate cookies, dessert bars, and other finger treats.

They do not have to be individually wrapped. We place them on platters in the dessert bar area.

I will need them here at Thermal Belt Outreach by no later than 11:30 a.m. Friday, October 5.

If you would like to donate a dozen or two, please contact Barbara Powell, 828-894-2988.. Every little bit helps.

## ***My Lord, What a Morning***

**Chet & Bev Cook**

We've always loved our Tryon Church. We've seen Jesus in so many through prayers, cards, food, kind words, etc. – how humbling to be on the receiving end of the giving of others.

Our Lord through the prayer chains has certainly come through for Chet. He now enters the full recovery stage, having completed his chemo and radiation treatments. It is the end of this most challenging chapter in our lives and now back to normal living and service for God.

However, like the frosting on the cake, on Sunday, September 9 our loving church and friends went over the top for us. We were uncertain how our mountain of logs that needed cut, split, and stacked would get done before winter. We should have known. . . .

Coordinated by Roger Peden, an army of our members and friends came fully equipped (chainsaws, splitters,

wheelbarrows, and even a tractor/loader) to do the job. Not only men, but women and children, as well, were all helping.

Once everyone arrived, first up was a large prayer circle asking God to guide and protect everyone and sending up praise. Then, like a well-oiled machine, all took their appropriate places and the work began. One would have thought it had been thoroughly rehearsed! Everyone was working harmoniously and it looked like they were enjoying it!

The plan was to work from 8:00 a.m. – noon but the mountain of logs were cut and stacked by 10:00 a.m. and some additional dead trees had been cut down for a burn pile.

“Thank you” hardly expresses what is in our hearts; how can we express our gratitude? Be assured with every log that is burned throughout the winter we will remember what a morning on that blessed September 9.

Praising our Lord, Chet and Bev Cook



**FOR SALE**  
**1990 GMC 1500 Truck**

**GMC 1500 Truck**  
Fourth generation 1988-1998  
**\$40,000 or Best Offer**

**Vehicle Highlights:**

- 300 Cress Engine, less than 3k miles
- 3 speed transmission - Manual shift
- Factory TBI fuel injection
- Edelbrock Performance Intake
- Edelbrock 364 tough headers
- Upgraded horns - CO-USA-Aux/ET
- Devco Digital Gauges
- 17" American Racing Wheels
- Custom Blue Paint
- Upgraded grille and lights
- LED Turn Signals
- Custom front bumper
- Hidden Hatch
- Sport Mirrors
- Rhine Head Set
- Silver American Accents

**Contact: Dana Bradford**  
704-562-0834



### ***New Address***

**Jeannette & Jeffre Rogers**

Jeannette & Jeffrey Rogers have moved. Their new address: 398 Smithview Drive, Chesnee, SC 29323.

### ***New Phone Number***

**Vesta Whitmore**

Vesta Whitmore has a new phone number and enjoys receiving calls from her church family during the week. 864-472-5308.

## Advertising

news@tryonsdachurch.org

**FOR SALE:** Raw Honey. 24# = \$65.00; 12# = \$40.00; 3# = \$12.00. Contact Benjamin Owens at: 828-287-5866.

**FOR SALE:** Free range chicken eggs. \$3/ dozen. Call Lorna, 828-817-1544.

**SEWING & ALTERATIONS.** Deb Grant 828-817-7015.

**FIREWOOD:** Split, hardwood firewood, delivered within 25 miles. Call John Cantrell, 828-817-7345 or 828-817-4178 for delivery details and pricing,

**KNITTED HATS:** Hand-knitted hats, various sizes. Some sets. Knitted by Virginia Alexander. Proceeds for Community Services. \$5 each or \$8 for two. These beautiful hats make wonderful gifts. Contact Lorna, 828-817-1544, to see them.

**RECUPERATIVE MASSAGE** by Rosanne Richards On-site Chair Massage or Therapeutic Massage at her home. Her NC license is # 16659 and SC # 10851 (AMTA Member). Call or text Rosanne at 864-357-4875 for your appointment or Email: [Recuperative.Massage@outlook.com](mailto:Recuperative.Massage@outlook.com)

Harvest Party  
November 11

4 to 6 p.m.

Jonathan Rowe's Places

October



- 1 Mark Hornbeck
- 2 Jaylan Loretta Smith
- 3 Tré Shepard  
Jennifer Tary
- 4 Lucas Iannone  
Elizabeth Painter  
Hannah Rowe
- 6 Matthew Iannone
- 12 Marita Grindley
- 16 Terry Bantz
- 18 George Dedmond
- 22 Hunter Gamble  
Meghan Eckmann Reynolds
- 24 John Oliver
- 25 Elizabeth Hornbeck
- 26 Chris Heyer  
Gene Melashenko
- 27 Dana Bradford  
Breccan Malmstrom
- 28 Laura Kay Hornbeck
- 29 Johnathan Alvarez

### **Turkey Missionaries ~**

**Trey & Vicky Brown**

Our sponsored missionaries to Turkey, Trey and Vicky Brown, are home in the United States on furlough. Praise the Lord! We're sure you will want to talk and ask them questions. They will be with us on Sabbath, October 27, for the divine worship service, fellowship lunch, and an afternoon meeting at 2:30 p.m. They have a lot of experiences and information to share. Be sure and mark your calendars and let's make this a very special Sabbath for Trey and Vicky.

Tryon  
Seventh-day Adventist Church

JOURNAL

October, 2018

### **New Year's Resolutions, Part 1**

Lorna Rae Dever

It may seem a little early to think about New Year's Resolutions, but I just read an incredible book, 100 Ways to Simplyfy Your Life, by Joyce Meyer and wanted to share the highlights with each of you.

\*\*\*\*\*

1. Do One Thing at a Time – The feeling of being hurried is not usually the result of living a full life and having no time. It is, on the contrary, born of a vague fear that we are wasting our life. When we do not do the one thing we ought to do we have no time for anything else. We are the busiest people in the world. ~ Eric Hoffer. Hebrews 12:2.

2. Be Satisfied with What You Have – Contentment is not the fulfillment of what you want, but the realization of what you already have. ~ Anonymous. Hebrews 13:5.

3. Keep God First – Man's life is of God, not of his goods, however abundant they may be. ~ Henry Alford. Genesis 12:2.

4. Live to Glorify God – Most men seem to live to themselves without much regard to the glory of God, or the good of their fellow creatures. ~ David Brainerd. 1 Corinthians 10:31

5. Don't Worry about Tomorrow – Any concern to be turned into a prayer is too small to be made into a burden. ~ Corrie ten Boom. Matthew 6:34.

6. Let Go of What Lies Behind – You build on failure. You use it as a stepping stone. Close the door on the past. You don't try to forget the mistakes, but you don't dwell on it. You don't let it have any of your energy, or any of your time, or any of your space. ~ Johnny Cash. Isaiah 43:18.

7. Learn How to Say No – The art of leadership is saying, "No;" not saying, "Yes." It is very easy to say. "Yes!" ~ Tony Blair. James 5:12

8. Be Yourself – To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment. ~ Ralph Waldo Emerson. Galatians 6:4.

9. Choose Quality over Quantity – The quality, not the longevity of one's life is what is important. ~ Martin Luther King, Jr. Philipians 1:10.

10. Refuse to Start What You Cannot Finish – We rate ability in men by what they finish, not by what they attempt. ~ Anonymous. Luke 14:28.

11. Don't Make Mountains out of Molehills – Better never trouble trouble until trouble troubles you; for you are sure to make your trouble double trouble when you do. ~ David Keppel. John 14:27.

12. Get Your Mind off Yourself – A man is called selfish, not for pursuing his own good, but for neglecting his neighbors. ~ Richard Whately. Mark 8:34.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 APEX - Pathfinders 10am - Thrift Store	1 9am - Thrift Store	2 9am - Thrift Store 6pm - Hour of Prayer - 6:30pm - SCHOOL 7pm - Revelation 9pm - Bulletin deadline	3 8:30am - Circle of 9am - Thrift Store 1pm - Church Office -- 6:30pm - Study of the	4 Camporee - Pathfinders 9am - Thrift Store 1pm - Church Office -- 7pm - Revelation	5 9am - Thrift Store 7:06pm - Sunset	6 NO Fellowship Meal Local Church Budget - 9:30am - Sabbath 11am - Communion 7:05pm - Sunset
7 Camporee - Pathfinders 10am - Thrift Store	8 Columbus Day 9am - Thrift Store 6pm - Finance 7pm - Church Board	9 9am - Thrift Store 2pm - Office Hours -- 7pm - Revelation 9pm - Bulletin deadline	10 8am - Church Office -- 8:30am - Circle of 9am - Thrift Store 1pm - Church Office -- 6:30pm - Induction - 6:30pm - Study of the	11 9am - Thrift Store 1pm - Church Office -- 7pm - Revelation	12 9am - Thrift Store 6pm - Small Group 6:57pm - Sunset	13 Voice of Prophecy - Youth Sabbath @ Tryon 9:30am - Sabbath 10:45am - Worship 12:30pm - FELLOWSHIP 6:55pm - Sunset
14 CO-OP ORDER DATE 10am - Thrift Store	15 9am - Thrift Store	16 9am - Thrift Store 2pm - Office Hours -- 7pm - Revelation 9pm - Bulletin deadline	17 8am - Church Office -- 8:30am - Circle of 9am - Thrift Store 1pm - Church Office -- 5:30pm - Meeting - 6pm - Adventurers	18 9am - Thrift Store 1pm - Church Office -- 7pm - Revelation	19 SCHOOL DISMISSES AT 9am - Thrift Store 6:48pm - Sunset	20 Local Church Budget - NO FELLOWSHIP 9:30am - Sabbath 10:45am - Worship 6:46pm - Sunset
21 SCHOOL FALL FESTIVAL 10am - Thrift Store	22 SCHOOL DISMISSES AT 9am - Thrift Store	23 9am - Thrift Store 2pm - Office Hours -- 7pm - Revelation 9pm - Bulletin deadline	24 8am - Church Office -- 8:30am - Circle of 9am - Thrift Store 1pm - Church Office -- 6:30pm - Study of the	25 9am - Thrift Store 1pm - Church Office -- 7pm - Revelation	26 9am - Thrift Store 6pm - Small Group 6:40pm - Sunset	27 Carolina Youth - 9:30am - Sabbath 10:45am - Worship 11am - Turkey 12:30pm - FELLOWSHIP 2:30pm - Turkey 6:38pm - Sunset
28 10am - Thrift Store	29 9am - Thrift Store	30 9am - Thrift Store 2pm - Office Hours -- 7pm - Revelation 9pm - Bulletin deadline	31 Halloween 8am - Church Office -- 8:30am - Circle of 9am - Thrift Store 1pm - Church Office -- 5:30pm - Meeting 6pm - Adventurers	1 9am - Thrift Store 1pm - Church Office -- 7pm - Revelation	2 9am - Thrift Store 6:32pm - Sunset	3 No Fellowship Meal Local Church Budget - 9:30am - Sabbath 10:45am - Worship 6:31pm - Sunset

## Spiders

If you're not a fan of spiders, you're far from alone. But before you swat away another spider web, remember this: Relative to weight, the strength of a spider web rivals steel and Kevlar, the material used to make bullet-proof vests. (That's important when your dinner flies headlong into your trap and writhes violently as it tries desperately to escape.) This tensile strength has inspired humans to develop a surprising number of products — but it's just one of the fascinating facts that may give even arachnophobes a new appreciation for these eight-legged architects.

Spider silk is five times stronger than steel. Some webs are so strong that they can withstand a hurricane. If one thread breaks, the whole web actually becomes stronger.

Spiders are like tiny silk production factories. Inside their bodies, thread is

stored as a highly concentrated liquid. A common garden spider can produce as many as seven types of silk, each made up of a different sequence of proteins. Each type of thread serves a distinct purpose: one, for example, makes the web stretchy to better absorb the impact of insects smacking into it; another makes the thread less brittle. Still other proteins protect the threads from bacteria and fungi, and keep it moist.

The nursery web spider is so named because she uses her web to house her babies.

*Argiope aurantia's* nickname: the writing spider. The name was extended because of the series of x's it spins down the center of the web.

There are over 1500 species of spiders in the Carolinas, but only two types of spiders in the Carolinas can do humans any harm – The Black Widow and Brown Recluse.

