

Getting to Know You ~

Breccan Malmstrom

A Little Bit About Breccan, A.K.A. George (Submitted by Maxine Malmstrom)

After dinner and before the business meeting, I was visiting around the table when the question was asked about how Breccan (George) was doing. I mentioned that even though he is 12 years old, he is set back in “social skills” by 6 years – Imagine a 6 year old in a 12 year old body. He is not able to read body language, or to know where folks are coming from and hasn’t learned to be tactful or to feel emotions (empathy for instance), and so much more. We are working on that, but hard to come by. It is noticeable, I am sure, that he avoids eye contact, getting better at it, though.

Autism, is very strange. Their minds are just not wired like they should be. They have a hard time with change. He is getting so much better with that. Conversation is hard. He will venture to speak about whatever fascinates him at the time and may not have anything to do with whatever one is talking about. I am so thankful for understanding people – His Sabbath School teachers have been a gift from God.

Now to get to the conversation that evening of the Business Meeting: I told them, (specifically, Deb and Don Grant), about an incident that had occurred in Sabbath school class not too long previous.

Here is how I knew what happened: After dropping him off at his house, I asked Maven how Breccan (George) did in class. She said, “Well, he left the class and went bump, bump, bump down the steps. Then when he came back in, he laid on the floor.” (Kind of like a 6 year old, right?)

The next day when Breccan came over, I told him that when we are in Sabbath School class we don’t leave the room and go bump, bump, bump down the steps and then come back to class and lay on the floor. He very sweetly said, “Somebody should not have told you that.”

Well, yes, I laughed and laughed. But we went into further explanation and I told him that yes, I should be told so we could discuss it and do better.

As punishment, I told him that he could not go to church the next Sabbath. Now, believe it or not, it breaks his heart when he misses church. He responded tearfully, “Please, please, please don’t make me miss church, I want to go next week, and the next, and the next or I won’t see the people I love.” Oh my, so now I was in a predicament. All week I had to verify, when he asked if he could go, that was my decision. Some of our members had almost begged me not to follow through. Then Friday came – So I told him the people he loved wanted him to be there, even the teacher who was teaching the day of that incident, so I was going to change my plan. (Well, God has done that for His people when they repent, right?) I was so glad I took him the next day because it was a good day.

I would like to tell more, but, it would take a full length book. One thing interesting about autism that may be of interest, is that they think in pictures, i.e. I can not refer to a hard rain as “raining like cats and dogs” –guess what picture

forms? or “laughing my head off,” etc. You get the picture?

Research autism, get books or DVDs from the library. It is good to be knowledgeable. It is now estimated that one out of every 46 children are being diagnosed with autism. Think of the impact on future society as we know it! Boys are in the majority.

One day soon, He is coming and will make all things new.

Thanks for reading this. By the way, it was Deb that asked me to write about this incident for the church newsletter.

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Breccan was born October 27, 2005 in Orlando, Florida.

He grew and was progressing as a normal baby and toddler until the day after his two-year-old vaccinations. Suddenly his whole life changed and has never been the same since.

Breccan’s favorite songs are *The Coloring Song* and *Got a Reason*, and his favorite Bible verse is Isaiah 41:10.



## Share Thy Bread Boxes

Bev Cook

Share Thy Bread continues to minister to Polk County residents by delivering food every month to 13 different drop-offs including some individual homes. We would love to grow with additional venues, but we are short on help, thus have to hold still until more members volunteer.

Our current needs for help on deliveries are at The Meeting Place every second and fourth Thursdays at 11:30 a.m. Also, on the first and third Tuesdays at Polk County Wellness in the Duns Common Center – we need two people to simply drop off boxes of food. We need people to help stock the shelves of the current STB trailer twice a month on Tuesdays at about 10:30 a.m.

If you are able to fill any of these gaps, please let Bev Cook, 704-692-6667 know. Currently, she is filling these needs and could use some help. Thanking you in advance....

## February 10

### A Tribute to Friendship

February 10, 5:30 p.m. – Vespers, Valentine's & *A Tribute to Friendship* Supper. After a delightful supper stay and cheer the contestants in Tryon's own Winter Olympics! If you would like to attend, but don't like to drive after dark, contact Lorna. If you no longer have your sweetheart, come anyway – we have something special for *A Tribute of Friendship!*

Happy & Healthy  
NAD

**Wednesdays Small Groups (as of February 6):**  
 Various Leaders – School Lunchroom, 6:30 p.m.  
 Chet & Bev Cook – (Green Creek), 6:30 p.m.  
 Keith & Des Magnant – (Rutherfordton), 6:30 p.m.  
 Roger Peden – River Rest Home (Tryon), 6:30 p.m.  
 Jonathan & Sarah Rowe – Mill Spring, 6:30 p.m. (will start later in month)

Lorna Dever – Church Foyer, Thursdays, 3:30 p.m.

**NEW ADDRESS**  
 Bob & Myrna Esh  
 828-863-4612

**NEW ADDRESS**  
 Bob & Myrna Esh  
 P.O. Box 505  
 Columbus, NC 28722

## Literature

Wanangwa Hartwell

Greetings! Ellen White said that our literature should be “scattered like the leaves of autumn” (Testimonies 9:231). As of this writing, you might say it should be cast like snow on the hills! That said, we are updating the literature room, cart, and displays with as much new material as we can get our hands on and we hope you will take advantage of it for sharing.

As I write this, we already have materials on the way from the Adventist Book Center and DVDs from Amazing Facts. I also hope to get new Glow Tracts ordered (if the website will cooperate). If you wish to contribute to the purchasing of these materials, please mark your tithe envelope Personal Ministries. A pack of 100 Glow Tracts is only about \$6.00 so it's a great investment for the Lord.

Let me know if you want to help with the sharing of literature and/or the management of our stock of supplies. Thank you and God bless, Wanangwa

NAD Health Ministries is pleased to sponsor the following upcoming events for February! Visit our website <http://www.nadhealthministries.org/> for more information.

### February 10 – Health Sabbath

This year's theme is Heart Health. Find PowerPoint presentations, customizable flyers, and many resources to share about how to keep your heart going strong. Free downloads available at <http://www.nadhealthministries.org/>.

### February 25 – Healthy Children Health Future Conference

Join the Pacific Union's Health Ministries team for this first conference focusing on the health of our children. This one-day conference will be held in Loma Linda, CA and features Dr. Vanila Singh from the US Department of Health and Human Services, Dr. Joan Sabaté from the Loma Linda University School of Public Health, and renowned dietitian Brenda Davis, among others. Registration is now open online and accessed through <http://www.nadhealthministries.org/>.

Don't miss these opportunities to share and grow in your health knowledge! Be sure to pass this along to your network.

With our best wishes for your health,

## Old Mountain Remedies

What an exciting night was experienced by all who attended Old Mountain Remedies the last week of January. With 73 in attendance the first night, one could feel the high interest in the air.

Walt Cross via DVD presented the most intriguing options for the common illnesses and injuries of our day. From teas to poultices to tinctures to blended formulas, Walt was convincing that there is a better way to address health issues with God's simple ways. The two-hour presentation went by as a flash and the guests stated they were looking forward to the future presentations.

Our church offered the community this helpful information along with a free salad bar and we had herbs and oils available to purchase. It was a great time to rub shoulders with our neighbors and to find an area of high interest.

The series continues through February 15 on Monday and Thursday evenings at 6:30, so if you haven't attended, it's not too late. Walt Cross will be here personally on Thursday, February 8. It will be well worth your time.

### NEW PHONE NUMBER:

Chet & Bev Cook new landline phone number: 828-863-2774.  
Cell phones remain the same.

## Fresh Produce

### Thermal Belt Outreach Ministry

Calling ALL Polk County residents! Outreach will be hosting a Fresh Vegetable Distribution, provided by MANNA Express, in our food pantry on Friday, February 16 from 1-3 p.m. Based on past distributions, we expect there to be lots of fresh fruits and vegetables to be given away.

ALL Polk County residents are welcome – you do not have to be an Outreach client to participate. Make sure to mark your calendars and come by Outreach, February 16, 1 - 3 p.m.!

## Church Planting Seminar

### Carolina Conference

Please make a note that the April 6 - 7 Church Planting Rally has been CANCELED.

However, we encourage all to attend and promote the ReGenerate! Conference on February 23 - 24. You can register online at [www.carolinasda.org](http://www.carolinasda.org).

## AV Department

### Wanangwa Hartwell

Hello from the Snowy South! We hope you were able to come to the church business meeting and ministry expo on Sunday, January 14. There were some headsets available to listen through and many of our past sermon DVDs were available.

Remember that you can always try out a headset and see if it helps you hear the church service better. You can find them in the drawers of the bulletin table. Also, if you don't like headphones or want to "try on the sly," you're welcome to bring a pair of earbuds from home to test them out.

We have sermon DVDs that must go back to the beginning of time. If you're interested in a copy, fill out one of the sheets on the Glow Tract table and give it to an AV team member (e.g. Ronnie, Wanangwa, Howard, Keith, Lorna). Howard keeps master copies of just about everything and is happy to make copies for you as needed. We do ask that you mark your tithe envelope with a \$2 donation per DVD if possible; this helps us cover the cost of making DVDs and labels for them.

Thank you for your support; stay warm and dry this winter!

God bless,  
Wanangwa

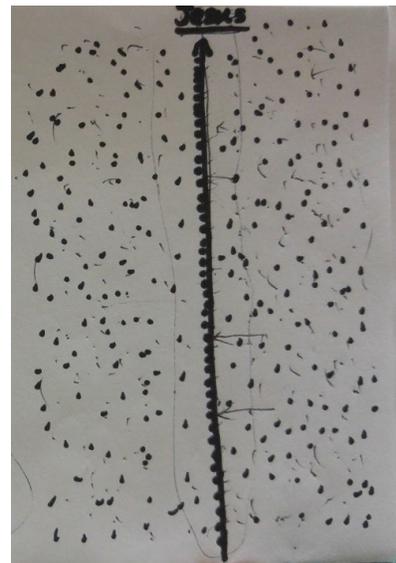
## Update on Clay (Bev's Brother)

Bev Cook

This is an excerpt from an email Bev received Tuesday, January 30, from her brother:

"I also went to church this past Sunday. Not sure what made me go. I see myself as one of those dots on the "Path To Life" illustration you drew. I'm not wanting to get involved with or too close to the members of the church at this time. So I assume I will go from time to time and simply attend service letting our creator know that I am thinking of him."

This is the illustration I drew for him and has been etched in his mind:



## Bible Experience

Wanangwa Hartwell

Attention everyone! Our study of Daniel and Esther is coming to an end, at least for competition. On Sabbath, February 10, we will be at the area competition in Spartanburg. Please be praying for your terrific Tryon kids, that we will be a witness and a blessing. See Chrisy Witt about times and locations for the competitions if you want to come cheer us on!

Answers from the last newsletter:

From the west

Then the sanctuary shall be cleansed

Three full weeks

The daughter of the king of the South

One thousand two hundred and ninety days

The book of the chronicles of the kings of Media and Persia

Thank you again for joining us on this study of the books of Daniel and Esther. We hope you continue to gain a daily blessing from the bread of life, which is the Word of God.

## Who's Preparing?

Young Disciple, Vol. 7, Num. 36

A little girl once said to her mother: "Mamma, the preacher said that this world is only where God lets us live a while so that we can prepare for a better world. But, Mother, I do not see anybody *preparing*. I see you preparing to go into the country, and Aunt Eliza is preparing to come here; but I do not see anyone preparing to go to Heaven. Why don't they try to get ready?"

How would you answer her?

~ D. L. Moody

"Get Ready, Get Ready, Get Ready"

*Prepare to meet thy God, O Israel. Amos 4:12.*

Suppose that today Christ should appear in the clouds of heaven, who...would be ready to meet Him? Suppose we should be translated into the kingdom of heaven just as we are. Would we be prepared to unite with the saints of God, to live in harmony with the royal family, the children of the heavenly King? What preparation have you made for the judgment? Have you made your peace with God? Are you laboring together with God? Are you seeking to help those around you, those in your home, those in your neighborhood, those with whom you come in contact that are not keeping the commandments of God? ... Are we getting ready to meet the King?

~ Ellen White, *Maranatha*, March 31

February



- 1 Ann Fisher
- 2 Shawn Eckmann
- 4 Yahaira Betancourt  
Autumn Mitchem
- 7 Robin Shepard  
Carla Powell
- 12 Kelley Edney  
Susan Wilson
- 13 Kay Blalock
- 14 Levi Rowe  
Stephanie Sossong
- 15 Helen Green
- 17 Michael A. Owens
- 21 Beth Sampson
- 22 Lance Flournoy  
Nancy Hornbeck
- 23 Sheri Gordon  
Serena Iannone
- 24 Debbie Ford
- 25 Jim Syfert
- 26 Lawrence Moses  
Alivia Owens
- 27 Jeannette Tary

## The New Year!

Vicki Hillmon

Are there people in your life you've given up on?  
Maybe someone you've been praying for, for years?  
Your convinced he or she will never come to the Lord?  
Today, ponder the new beginnings in your own life.  
Hasn't God recreated you? Renewed you? Won't He do the same for others?

Feel the joy rise up as you ponder the possibilities? Pray for that friend or loved one to "put on the new self."

Prayer changes everything!

"And have put on the new self, which is being renewed in knowledge in the image of its Creator."

Colossians 3:10

**Church - Tryon Seventh-day Adventist, School - Tryon Seventh-day Adventist, Holidays in United States, Weather Feb 2018 (Eastern Time)**

| Sun                                                 | Mon                                               | Tue                                                                                        | Wed                                                                                                               | Thu                                               | Fri                                                                                            | Sat                                                                                                                                     |
|-----------------------------------------------------|---------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| 28<br>10am - Thrift Store                           | 29<br>9am - Thrift Store<br>6:30pm - Old Mountain | 30<br>9am - Thrift Store<br>9pm - Bulletin deadline                                        | 31<br>8:30am - Circle of<br>9am - Thrift Store<br>6:30pm - Prayer                                                 | 1<br>9am - Thrift Store<br>6:30pm - Old Mountain  | 2<br>9am - Thrift Store<br>5:59pm - Sunset                                                     | 3<br>No Fellowship Meal<br>Pathfinder Area Bible<br>9:15am - Sabbath<br>10:45am - Worship<br>6pm - Sunset                               |
| 4<br>10am - Thrift Store<br>11am - Men's &          | 5<br>9am - Thrift Store<br>6:30pm - Old Mountain  | 6<br>9am - Thrift Store<br>6:30pm - SCHOOL<br>9pm - Bulletin deadline                      | 7<br>8:30am - Circle of<br>9am - Thrift Store<br>5:30pm - Pathfinder<br>6pm - Adventurer Club<br>6:30pm - Prayer  | 8<br>9am - Thrift Store<br>6:30pm - Old Mountain  | 9<br>9am - Thrift Store<br>12pm - SCHOOL<br>6:06pm - Sunset                                    | 10<br>Youth Sabbath @ Tryon<br>9:15am - Sabbath<br>10:45am - Worship<br>12:30pm - FELLOWSHIP<br>5:30pm - Vespers and<br>6:07pm - Sunset |
| 11<br>10am - Thrift Store                           | 12<br>9am - Thrift Store<br>6:30pm - Old Mountain | 13<br>9am - Thrift Store<br>6pm - Finance<br>7pm - Church Board<br>9pm - Bulletin deadline | 14<br>Valentine's Day<br>8:30am - Circle of<br>9am - Thrift Store<br>6:30pm - Prayer                              | 15<br>9am - Thrift Store<br>6:30pm - Old Mountain | 16<br>Pathfinder - Apex Teen Camping/Backpacking trip<br>9am - Thrift Store<br>6:13pm - Sunset | 17<br>NO FELLOWSHIP                                                                                                                     |
| 18<br>Pathfinder - Apex Teen<br>10am - Thrift Store | 19<br>Presidents' Day<br>9am - Thrift Store       | 20<br>9am - Thrift Store<br>9pm - Bulletin deadline                                        | 21<br>8:30am - Circle of<br>9am - Thrift Store<br>5:30pm - Pathfinder<br>6pm - Adventurer Club<br>6:30pm - Prayer | 22<br>9am - Thrift Store                          | 23<br>9am - Thrift Store<br>6:19pm - Sunset                                                    | 24<br>9:15am - Sabbath<br>10:45am - Worship<br>12:30pm - FELLOWSHIP<br>6:20pm - Sunset                                                  |
| 25<br>9am - Men's Ministry<br>10am - Thrift Store   | 26<br>9am - Thrift Store                          | 27<br>9am - Thrift Store<br>9pm - Bulletin deadline                                        | 28<br>8:30am - Circle of<br>9am - Thrift Store<br>6:30pm - Prayer                                                 | 1<br>9am - Thrift Store                           | 2<br>END 3RD QUARTER @<br>9am - Thrift Store<br>6:26pm - Sunset                                | 3<br>No Fellowship Meal<br>Conference PBE<br>8am - Do church<br>9:15am - Sabbath<br>10:45am - Worship<br>6:26pm - Sunset                |

Inreach



Outreach

February, 2018

Infogram

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### Channels of Grace

William G. Johnsson in "Jesus: A Heart Full of Grace"

What, after all, is Apollos? And what is Paul? Only servants, through whom you came to believe – as the Lord has assigned to each his task. 1 Corinthians 3:5

The church in Corinth had split into factions. Some members said, "I follow Paul," others said, "I follow Apollos," and still others declared, "I follow Peter." And some even said, "I follow Christ." They formed allegiance to leaders, setting them up as gurus.

That's still a human tendency. The big trend today is to follow celebrities. And in the church we can fall into the same worldly mode of thinking by exalting preachers, professors, doctors, or whoever catches our fancy for larger-than-life status that only Jesus deserves.

No, says Paul, Apollos and I and all the other leaders are only servants, instruments through whom the Lord brings His message. That's something that both leaders and members must never forget.

Ellen White uses an interesting word in describing our role: We are to be "almoners of His grace" dispensing the gift of salvation to those in need who cannot help themselves. (Selected Messages #1 p. 168.

Especially to the big cities, where most people live today, and where so many are lonely, tired, frustrated, and searching for meaning. But also to everyone everywhere, for the whole world desperately needs the hope and new life that only God can give.

Whether I stand before the people in the pulpit, before the children in the classroom, before the patient on the operating table, before my colleagues or workmates, God wants me to be a channel of His grace.

But channels get blocked. Pipes corrode, fill with gunk so that hardly anything can get by. Or, in electronic terms, static messes up the signal, or the signal keeps breaking up.

#### Advertising

[news@tryonsdachurch.org](mailto:news@tryonsdachurch.org)

**FOR SALE:** Raw Honey. 24# = \$65.00; 12# = \$40.00; 3# = \$12.00. Contact Benjamin Owens at: 828-625-9073.

**FOR SALE:** Free range chicken eggs. \$3/dozen. Call Lorna, 828-817-1544.

**Sewing and alterations.** Deb Grant 828-817-7015.

**FIREWOOD:** Split, hardwood firewood, delivered within 25 miles. Call John Cantrell, 828-817-7345 or 828-817-4178 for delivery details and pricing.

**NEEDED:** Holy Cross Episcopal Church is looking for a part-time staff to work in our nursery with our infant to four year olds on Sunday mornings from approximately 9:30 - 11:45 a.m. If interested, please call the office at 828-859-9741.

**OPERATION CARNATION** – February 10 Outreach Sabbath. Join us for outreach to the shut-in's on Sabbath, February 10 at 2 p.m. following potluck. With the input from the youth ambassadors we have planned visits to area nursing homes with a carnation, valentine, and a smile. The locations are: White Oak (Tryon), Ridge Rest (Columbus) and Nana's (Rutherfordton). Plan to partner up with a group headed to one of the locations nearest you and spread a little sunshine. For more information contact Desiree Magnant at 386-481-8215.